## Quilt therapy

# From Cupboard to Creativity Project Oct 2021 - Row by Row Quilt 

## Theme this month: Framing Fun

## Hi Everyone,

For something a little different this month I have chosen the theme of "Framing Fun". I have been doing some small stitcheries of butterflies while at meetings and in the evenings, and I decided they would fit in with the colours of my gingham quilt, so I wondered how I could set them with a common frame style in each block, just changing the colours across the row.

I have found some ideas you may consider for your row - use your feature in the centre of a block like the Baton Rouge block
Or use this simple frame style or perhaps this style.


There are many more blocks that you could use as a Frame to set your special themed pieces.
For your common theme - Think of it as a print, fussy cut from a fabric you love, or maybe you have machine embroidery pieces or some applique, or as I do, stitchery.
You may want a completely different look here are some other ideas I found.

Use lace to make the frame, or have a circle or oval shape-explore how you will create your row making Framing Fun Have Fun this month.

Another option would be to replace the on-point square in this Crown of Thorns Use the centre square on a Rising sun block.


