## Quilltherapy

## From Cupboard to Creativity Project

Feb 2020 "Repeat a piece of your block".

Hi Everyone,
For this month I thought it would be fun to take one section from a block in your quilt (or make a block as the centre for a new quilt, then take just one part of it) and make your border using that.
You could try using the same colour and placement as in your block, or try some different ideas with the same piecing but different colour arrangements.
Could you take that block part and combine it with one or more other elements to create your border?

Could you change the orientation of the unit to make different patterns?
What would happen if you changed the scale of the unit for your border?
Or perhaps you could stretch the dimensions of the unit for a different affect.
I can think of all sorts of ways to play with this idea, and there are many blocks that you could use for this exercise, so I hope you have fun exploring the possibilities this month.
Here I have taken just a few samples from the EQ7 library to use as example blocks to play with this month.

You may have books with collection of blocks, there will be plenty of ideas in those.
You may decide to look through old magazines and take your inspiration from there.
OR Dig out partly finished projects and give them new life.

I look forward to seeing what you come up with.
Have Fun

Jan P.


