



Cupboard to Creativity 2020

March Update.

Hi Everyone,

Who would have known a month ago what we would be dealing with today!

I hope this update finds each of you well and safe from this virus and that your loved ones are also safe.

Right now, each of us will be facing challenges we have never experienced before, be that financial through loss of income etc, physical by way of the virus itself, or the isolation from others, and then the emotional toll as time goes on into the unknown ahead.

I want you to know that I send loving thoughts to you all to not only survive, but thrive through this. Stay connected to each other by whatever means you can, and dig into your creativeness to find new ways to bring moments of joy into your day. Look after yourselves and each other.

Quilts for Comfort:

With no physical classes I am connecting through zoom so my groups can stay in touch on our usual quilting days. I am using my time to plan new projects and I am continuing to make the quilts for others even though I am not sure how they will get distributed at this point, but I know there will still be big need when we get to the end of this pandemic. To focus on what I can do at a time like this gives me a purpose to each day, a structure, and a sense of achievement as each project is completed.

From last month's working bee, I have now finished the check quilt. If you have projects you cannot complete for whatever reason and you would like to donate, please consider that as a gift rather than have it tossed aside and considered a lost cause.



I was recently gifted a partly sewn quilt with all the fabrics in it and by making the original slightly smaller, I have been able to create 2 beautiful gift quilts — I was amazed at my cupboard find of the purple and floral for the borders on the second one:)

I have plenty of quilts now that will need quilting, so I may have to dedicate some days in the coming month to that:)

Have fun sorting out projects that can be made now and gifted on later.

Thank you for your help with this project.





Cupboard to Creativity 2020 March Update.

March monthly challenge – “be inspired by the humble nine patch”

Following on with the monthly theme of borders, I have added a simple nine patch on point for my project this month. You will see I added to the quilt I worked on last month – I only have small amounts of those fabrics left, so not sure what will happen next:)

I am not seeing people in person now to catch up on what you are all doing, so please consider sharing with us what you are creating during this lockdown time.

- you can post direct onto Facebook page at Quilt Therapy Qld ,
- or email : janp@quilttherapy.com.au or SMS me so I can share.



I am really grateful to have had time to finish a few of my other quilts, some quilting, this one has now been quilted by Genevieve and has a navy binding (picture is just the top).

A rather special one finished this month was the quilt for my youngest grandson Arlo for his birthday at the beginning of the month.

I do hope you all have plenty to keep your hands busy. Reach out if you have questions or need help and I will do the best I can to help keep your quilting progressing.

Stay Safe everyone, and look for things in each day to be grateful for, even consider journaling your experience through this process.

Break up your days by treating yourself by reading a book, listening to music, time in the garden, going for a walk, calling a friend, whatever you need to stay in your happy place.

Sending hugs to all.

Jan P.

