## From Cupboard to Creativity Project

## Aug 2022 - Blocks that link with secondary patterns

Block

This month I have chosen a block that can be used all in the same orientation to create the Pinwheel \& Four Patch style, or use alternate blocks that have been mirrored to create the Arabic Lattice style.

The way you colour your quilt can add lots of variety to both of these options.


## For a 6" finished unit ( $6 \frac{1}{2}{ }^{\prime \prime}$ cut size)



Cut 2" squares for the Four patch-the colours will depend on your quilt plan-use the blank quilt on the next page to help map the colours for your quilt.

the triangle section for a 6" finished unit so you can cut the fabric with the grain on the outside of the finished unit. For a mirrored block turn the template over to other side.
For a faster alternative method you could cut a rectangle of 7 " $\times 3 \frac{1}{4}$ " and cut on 1 diagonal to yield 2 of the triangles - however be aware this method will have a bias on the outside of the unit and straight grain along the side of the four patch, so you may wish to spray starch the rectangle before cutting into triangles to help stabilise the edges-handle carefully. (If doing a mirrored block place 2 rectangles right sides together \& cut once on the diagonal to give 2 triangles in each orientation)
To make the block, select your colours for each piece \& lay it out then sew the four patch \& check it measures $3 \frac{1}{2}{ }^{\prime \prime}$ square. Sew on 1 triangle matching the right angle corner to the corner of the four patch sew $\longrightarrow$ and leave $\frac{1}{2}$ " open at the $X$ position. Now sew on in number order, then close of the first seam \& press. Trim the unit to $6 \frac{1}{2}{ }^{\prime \prime}$ making sure the seams run through the $\frac{1}{4}$ " seam position on each corner of the unit.
For a 9" unit cut squares of cut $2 \frac{3}{4}{ }^{\prime \prime}$, the four patch is $5^{\prime \prime}$ cut size \& copy template at $150 \%$. For a 12 " unit cut squares of $3 \frac{1}{2}{ }^{\prime \prime}$, the four patch is $6 \frac{1}{2}$ cut size \& copy template to $200 \%$.

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Block this month: Pinwheel \& Four Patch


Some ideas for using the Pinwheel \& Four Patch layout-all units made in same orientation.

You can make your quilts to what ever size you prefer-use the layout planning pages to map your colour layout.

\& Arabic lattice ideas


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Block this month: Pinwheel \& Four Patch Plan Page


From Cupboard to Creativity Project Aug 2022 - Blocks that link with secondary patterns Block this month: Arabic Lattice Plan Page

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## AUG 2022 - Blocks that link with secondary patterns

## Block this month: Pinwheel \& Four Patch \& Arabic Lattice

## Triangle Template for 6" unit

For 6" finished unit
Cut 4 squares of $2^{\prime \prime}$ per unit and 4 triangles using this template or the fast method mentioned on page 1.


