# From Cupboard to Creativity Project 

Oct 2022 - Blocks that link with secondary patterns

## Block this month: Bears Paw Styles

## Hi Everyone,

This month I have decided to use the common shape that is found in Bear's Paw and similar blocks-there are many names that these blocks have, depending on where the information has come from : Bear's paw, Indian Trails, Bear's track, Cat's Paw-the list is quite extensive.

The unit that makes up the block is the focus of this month and you can choose to use it with or without a sashings as shown below, with a solid larger square or a split one.

This is a great block to practice making HST (Half Square triangles) and there are a variety of ways to do that, so I have given the basic trim method cutting on the next page. However if you want more information on the different methods check out the free video tutorials and PDF pages of instructions available on my website- you just create yourself an account through the My Account tab, then come back to it at any time.


With Sashing



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## Oct 2022 - Blocks that link with secondary patterns

## Block this month: Bear Paw variations

## 2 claw style as 6 "in quilt unit

Seses)

For this you would need the Half Square Triangles (HST) to be finished in the quilt at $2^{\prime \prime}$. Cut 2 squares of $3^{\prime \prime}$ in each of the 2 colours, sew on $\frac{1}{4}$ " both sides of diagonal, cut apart then trim to $2 \frac{1}{2}$ " squares. The large square is cut $4 \frac{1}{2}$ " and small corner square is cut $2 \frac{1^{\prime \prime}}{2}$

## 2 claw style as $4 \frac{1}{2}{ }^{\prime \prime}$ in quilt unit

For this you would need the HST to be finished in the quilt at $1 \frac{1}{2}$ ".
Cut 2 squares of $2 \frac{1}{2}$ " in each of the 2 colours, sew $\frac{1}{4}$ " both sides of the diagonal then trim to $2^{\prime \prime}$ squares. (Makes 4 HST)
The large square is cut $3 \frac{1}{2}$ " and small corner square is cut 2"

## 3 claw style as $\mathbf{8 " I n}^{\prime \prime}$ quilt unit

For this you would need the HST to be finished in the quilt at 2". Cut 3 squares of $3^{\prime \prime}$ in each of the 2 colours, sew $\frac{1}{4}$ " both sides of diagonal then trim to $2 \frac{1}{2}$ " squares ( makes 6 HST).
The corner square is cut $2 \frac{1}{2}{ }^{\prime \prime}$.
The large HST cut 7" square in 2 colours, sew $\frac{1}{4}$ " both sides of diagonal and trim to $6 \frac{1}{2}$ " (makes 2). The small corner square is cut $2 \frac{1_{2}^{\prime \prime}}{}$

## 3 claw style as $6^{\prime \prime}$ in quilt unit

For this you would need the HST to be finished in the quilt at $1 \frac{1}{2}$ ". Cut 3 squares of $2 \frac{1}{2}{ }^{\prime \prime}$ in each of the 2 colours, sew $\frac{1}{4}$ " both sides of diagonal then trim to $2^{\prime \prime}$ squares. (makes 6 HST)
The large HST cut 6" in 2 colours sew $\frac{1}{4}{ }^{\prime \prime}$ both
 sides of diagonal and trim to $5^{\prime \prime}$ (makes 2 ). The small corner square is cut $2^{\prime \prime}$

