



Invitation

Come join Sue Howie & myself at

Tranquil Park, Maleny

on the

Indigo Niche Retreat

From

23-27th August 2023

Sue Howie is teaching her 2 days of Sashiko & 2 days of Boro you can find out more and make your bookings through the website www.indigoniche.com

[Indigo Niche | Japanese Textiles & Quilting Supplies](#)

Below I give you the outline of the 2 very different workshops I will be teaching.

Although this is an Indigo Niche Retreat it does not mean my workshops have to involve Japanese fabrics or themes, they are open to anyone wanting to explore more about designing your own unique quilt and working on a few more advanced techniques.

I look forward to seeing you there.

Jan P.

In the video Sue & I have a chat about the retreat and what we are planning—Enjoy.



Proposed workshops for August 2023 Retreat

Jan Phillips © 2022

2 Day Workshop : "Design & Create Your Own Unique Quilt"

What do you do with all the beautiful hand work pieces (boro, sashiko, stitcheries)? - Learn how to turn them into a beautiful quilted project/s as we step through the process of designing your unique quilt to incorporate some of the pieces using simple piecing, with the added interest of pieced blocks that compliment your work.

Day 1: I will teach you how to plan a quilt project:

- Where to start — what can I make? What size and style?
- How to plan the number of fabrics you need, and work out how much of each.
- Mixing pieced blocks, or simple shapes into a design & how to choose the right ones.
- What section do I make first? (assuming you have boro, sashiko, stitchery or applique already made)
- Creating a construction plan — a guide to follow for your project.
- How do you finish the quilt? —no borders? How many borders? What sizes ?
- How to measure and sew accurately for a flat finish to the whole quilt.
- Tips on binding finishes in a couple of ways
- The importance of recording your projects



Day 2: Construction Day

- This is the day we put the planning into action and start constructing your project
- Choosing from several different blocks provided and making sample blocks to take home for reference or to be included in your project.
- Learning tips on how to make accurate pieced blocks — cutting & piecing accurate seams.
- Time to sew.
- Finish the workshop with a recap of the 2 days so each student has confidence to complete the project at home.

During this class I can assist with any quilt structure questions you may have so you can be confident working on your projects at home.

Hand out sheets will be given throughout the 2 days, and I also encourage students to add to these with specific information related to their project or machine.





Proposed workshops for August 2023 Retreat

2 Day Workshop : "Zoom in on Details, Textures & Trims"

This 2 workshop features more advanced techniques and methods to add interesting texture or ways to add highlight trims to your blocks, and how to work with a range of fabrics using a number of different ways to create your projects.

We will be covering:

- **Foundation Piecing** and how to determine when it is the best technique to use.
- Make up one or more examples of a foundation block that can be the main feature of your project or added in another area of your quilt—a great way to use up treasured scraps from other projects.
- How to add pre-sewn seams into a foundation construction.
- Working with **different shapes** within 1 quilt & how to blend them together.
- Learn about adding texture options to a quilt — Ric Rac, Bias, Applique, accent trims.
- Using circle shapes — how to sew them in or on to a project— choose one of the circle ideas presented and create your block.
- A piping before the binding
- How to inset a patch into a fabric without seams.

You could choose to make a single quilt from the techniques covered in this workshop, or make up the samples, take home the notes with lots of ideas for projects you would like to make.

