

Cupboard to Creativity

June 2023

Heart blocks

For the June challenge I have chosen the heart shape as it is for us a celebration month for birthdays and anniversary. I am taking some time off to relax and travel and I still intend to complete the June challenge.

The heart shape is a popular symbol for matters of the heart, and it fits into our "curved" theme perfectly as well, so that is the challenge. Make a quilt with a heart theme.

It can be any style or technique, a single heart shape or many blocks—whatever you are drawn to do. There are loads of ideas online to inspire you—here are just a few that I found.



You could choose to play with : Scrappy, strips, mixed techniques, applique, crazy patch, traditional or modern—there are lots of options to explore.

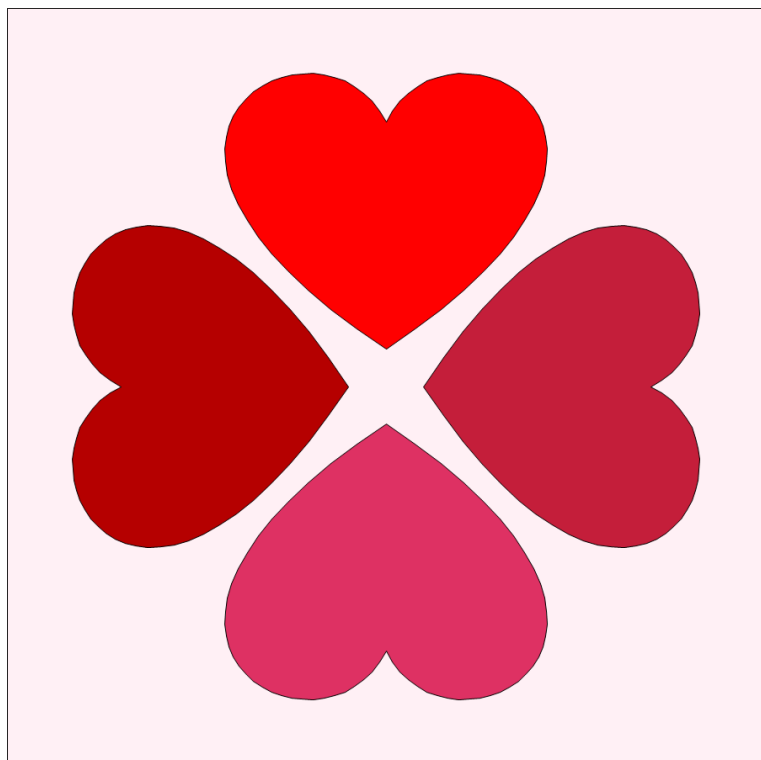
As I was deciding on what to do for June, I happened to find a box with some blocks I had made back in 1999 when I was first teaching in Ipswich. I was doing a technique class for 2 hours each Friday and for a whole term we explored different forms of heart blocks and different styles of techniques.

It is definitely time to make these into a quilt, so that will be my focus for June.

Have fun this month.

Jan P

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You may like to use the shapes on this page for applique block ideas. Use a single shape or multiples to create your design.

Enlarge the shape to suit your project idea, or to suit the size of your fabric scraps.

