



Cupboard to Creativity 2023

September Update.

Hi Everyone,

September has been a mixed month for me of travel, teaching and family time.

With family in different states, school holidays fall at different times, which has allowed me this year to spend time with part of our family at the beach on Sunshine Coast, tried paddle boarding with limited success but lots of laughs, and I am now in Adelaide to assist our daughter with our grandson Aiden's post surgery recovery and it is now school holidays down here.

I always find challenges in adjusting to the morning & evening light/dark variations with the time differences as well as day light saving changes, then add to that mix the daily life which is always chaotic and busy juggling everyone's needs here, but it has been wonderful to see Aiden doing so well—he is walking around well with his moonboot or AFO's and boots, but with the weather changing as it is at the moment, he often struggles adjusting to the temp changes, and needs lots of rest time.

I have not had a great deal of time to sew in the past month, however I did attend my sister's quilt group meeting last week, and I have managed a couple of small blocks with my spirals. I am not sure what the end project will look like—to be decided when I get back to the studio.

Here are the three blocks I have with me—I didn't bring enough thread to finish stitching the green one, and it's partner is stitched and back at the studio.



For filming the video this month had to improvise somewhat, so I used Aiden's cargo → bike handle bars to support the phone while I recorded:)

I hope you have had a fun month playing with spirals—I look forward to catching up on what you have been playing with.

Take Care

Jan P

